



## MIX volunteering and study program

This program gives you a unique opportunity to develop your full potential by spending almost a full year in Denmark working as a volunteer at a project and afterwards studying at a folk college. In that way you will have two very different experiences during your stay in Denmark.

### Your volunteer experience

During the first half of your stay you will work as a volunteer and stay either with a host family or at the project. You select yourself which project area you want to work with. This gives you the opportunity to share in and contribute to the life of a community in Denmark and at the same time promote intercultural understanding.

You can choose between a variety of areas such as working with small children in kindergartens or nurseries, teaching children, young people or adults, working with environment, sustainability and agriculture, working with arts & culture and much more ...

### Your folk college experience

Danish Folk Colleges offer non-formal adult education. Most students are between 18 and 24 years old. You sleep, eat, study and spend your spare time at the college. There are no academic requirements for admittance and there are no exams - but you will get a diploma as a proof of your attendance.

A folk college experience offers you a host of opportunities to grow in self-knowledge and to develop your own talents. One important arena for learning is the college's social life during evenings and weekends. You choose your folk college based on your area of interests or plans for the future. You can choose between seven different folk colleges. Please refer to the following page for a detailed description of each folk college and its offered courses.

### Living arrangements and social life

During your half year as a volunteer you will be involved in the local community and the activities of the local AFS people. If you live in a host family, you will engage in its daily life. If you live at your project, you will take part in the activities going on there during evenings and weekends.

During your half year as a student at a folk college you will spend your study hours, leisure hours and sleeping hours at the folk college. There will be a variety of activities at the folk college also in evenings and weekends open for you to take part in. You may also choose to visit your Danish "contact family", during some weekends and holidays and in that way have the opportunity to experience Danish culture and daily life outside the college.

### Program start

January and August:

### Program length

45 weeks

### Learning aspects

- You will develop your intercultural competencies.
- You will improve your command of English considerably.
- You will get an understanding of Danish and Northern European culture.
- You will expand your knowledge of the subjects of your choosing.
- You will grow in self-knowledge and develop your own talents and become clearer about what you want to study in future.



## Brenderup Højskole

At Brenderup Folk College students from all parts of the world gather to learn about global citizenship.

You will take part in the international class and deal with a wealth of topics within **global citizenship**.

You will also have the opportunity to take part in practical workshops, such as **art, handicraft, music, sport, recycling design** as well as Danish language.

### Program periods:

- 3. January 2019 to 20. June 2019
- Approx. 5. August 2019 to 15. December 2019

### Read more about the folk college

at <https://www.brenderuphojskole.com/english>

## Nordjyllands Idrætshøjskole

Nordjyllands Sports Folk College is a school for **sports and athletics** and it offers a wide range of different sports. You will have 15 hours of physical/sports lessons per week (which sports activities to choose is up to you).

You will also be part of the international class which focuses on Danish culture, youth culture, pedagogics and the special Danish tradition of democracy.

### Program periods:

- 6. January 2019 to 29. June 2019
- Approx. 5. August 2019 to 22. December 2019

### Read more about the folk college

at <https://nih.dk/nih-v3/english>

## Snoghøj Højskole

Snoghøj Folk College focuses mainly on **culture, performance, musical & acting**. International students are also offered Danish and English lessons.

In the Cultural baseCamp you will study European paintings, literature, architecture, design and music as well as Danish design, lifestyle and outdoor life.

In the Musical/acting BaseCamp you will develop your performance, drama and song skills.

### Program periods:

- 5. January 2019 to 15. June 2019
- Approx. 12. August 2019 to 20. December 2019

### Read more about the folk college

at <https://www.snoghoj.dk/?lang=en>

## Odder Højskole

Odder Folk College aims to provide you with an overview and perspective in a world which is ever changing.

It is a folk college with a strong focus on developing creativity in all aspects of life.your.

The folk college has a wide range of subjects including **film & TV production, design, music, song, dance, design, sports, drawing & art**.

### Program periods:

- 5. January 2019 to 9. June 2019
- Approx. 10. August 2019 to 15. December 2019

### Read more about the folk college

at <http://www.odderhojskole.dk/en/>

## Silkeborg Højskole

At Silkeborg folk college you will learn to think globally and act locally to become an entrepreneur in a global world, bringing positive change to your community through innovative and creative projects.

You may choose between more than 30 different workshops. The main international line is **change-maker/global citizenship** but you will also be able to select **music, art, sports, nature** and Danish language.

### Program periods:

- 5. January 2019—9. June 2019
- Approx. 15 August 2019 - 18 December 2019

### Read more about the folk college

at <https://silkeborghojskole.dk/international-students>

## Vestjyllands Højskole

Vestjylland Folk College has a strong focus on sustainability and ecology and it has its own windmill and ecological garden.

The subjects offered include **sustainable lifestyle, ecological entrepreneurship, dancing, music, singing, art, theatre, cooking, writing, policy/philosophy, sport/outdoor** life and Danish for foreigners.

### Program periods:

- 6. January 2019 to 1 June 2019
- Approx. 22. September 2019 to 2. March 2020

### Read more about the folk college

at <https://www.vestjyllandshojskole.dk>

## Egå Ungdomshøjskole - a youth folk college

This is a youth college for students who are between 16.5 and 19 years of age.

Here you will have the opportunity to take part in courses within the subjects such as **Danish & Denmark, citizenship, film, photography, design, drama, music, sports and arts**.

### Program periods:

- 5. January 2019 to 29. June 2019 & Approx. 5. August 2019 to 22. December 2019

### Read more about the folk college

at <http://www.euh.dk/welcome-to-euh/>